

Be Still and Know God

During this time of COVID-19, things have slowed down quite a bit. The stores close earlier and have a limited number of people entering. Restaurants have limited seating and occupants are spaced far apart. Schools had to adjust to “on line” learning. We are being “forced” to slow down a bit. Our gatherings have been curtailed or limited and we find ourselves “at home” more often. We may even experience some boredom. Football is “put on hold” for a time (is that bad?). Our society had become so busy, that it’s possible they forgot God. Will this help us remember? We had taken prayer out of schools and Scripture erased from the walls. Inch-by-inch God has been placed on the back burner of our nation...and for some, our lives. Do not let God depart from your life!

As a family, we often go to various events and watching children perform—but at what cost? It takes time on the part of family to be involved in activities. Is God being included in events? Is God being included as we pray and prepare for these activities? If God is being ignored or there seems to be no “time” to share God our children, then we may be just as guilty as taking prayer out of school and Scripture off the wall ourselves. So, what are we to do?

Please consider Psalm 46:10. **“Be still and know that I am God.”** You must be still, not your spouse, not your neighbor, not your friend, and not “someone else” who (in your opinion) needs it but, you! You be still! You rest! You cease from considering the worries of the world. Set your mind on spiritual things. Focus on faithfulness. Forsake ungodly thoughts that rear their ugly head. Reflect on your relationship with God. Is it what it needs to be? Ask for healing and seek how to repair what needs to be fixed in your life. Put the world aside. Do not feel guilty when you set some time aside to study God’s word! Consider all He has done for you in your life. When you meditate on God’s word, you are really not “doing nothing.” When you spend energy learning more about *how* to be an impact in this world for Jesus, it is good! God knows we need to slow down. The principle found in the Old Testament is “remember the Sabbath,” rest, reflect on God’s provision. Some of us feel like we have to be “busy” all the time. Are you that way? Sometimes we’re not busy with anything important. True? Make time for God before you do anything else... turn on the TV, or get on Facebook, or watch that movie, or do that “hobby.” Should we dare to say make time for God even *before* breakfast? Start your day off with God, it helps to prioritize your day and focus on how to give Him the glorify in your study or your service.

We can know a lot of good things, but if we don’t know *who* is in authority over us, then even our knowledge can be “in vain.” We can know *how* to earn or save money, we can know *how* to fix things like cars or houses, and we can know *how* to live a “good moral life.” However, if we don’t know where we are going after our life on earth is over—what then? Who do we belong to? Who is the boss of us? In our final hour we may find ourselves bowing down on our knees in ignorance to the God we should have known all along... (See Romans 14:11; Philippians 2:10).

God has allowed us time to slow down and reflect on Him. We have time to study God’s word. We have time to acknowledge the mighty power and greatness of God. We can boldly come to God in prayer with confidence that He can heal us. He can heal our nation. He is the God that is higher and more powerful than we can imagine. We have time to reflect on the person we are and the person God wants us to be. We have time to mold our children and grandchildren to be like Jesus. We have time to spread the gospel to others. We have been given time! But we may not have forever. Do you act like you believe it? Please, take advantage of the time God has blessed us with and “be still and know that He is God” today.

Bday/Anniv Lunch: ...when we can!

Bible Study: Consider your study of God’s Word (see **2 Timothy 2:15**) Make time to learn Scripture today...

NMCCH: collecting aluminum foil and kitchen trash bags (pick up is later...) *—THANK YOU for reading!